

### New Patient Intake Form

Name Last \_\_\_\_\_ Middle \_\_\_\_\_ First \_\_\_\_\_ Date \_\_\_\_\_

Date of Birth \_\_\_\_\_ Gender M F Marital Status \_\_\_\_\_ Email \_\_\_\_\_

Street Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell/Day Time Phone \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Telephone \_\_\_\_\_ Relationship \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

Successful health care and preventative medicine are only possible with the practitioner has a complete understanding of the patient physically, mentally, and emotionally. This survey will help us to evaluate your health more completely. Please complete this survey as thoroughly as possible. Include all the complaints, which are familiar to you. Print all information and indicate areas of confusion with a question mark. Thank you.

Are you currently receiving health care? Yes No If yes, where and from whom? \_\_\_\_\_

If no, when and where did you last receive health care? \_\_\_\_\_ for what reason? \_\_\_\_\_

Has your case been referred to an attorney? Y N

Please identify the health concerns that have brought you to the Clinic below:

**Condition**

**Past Treatment**

a. \_\_\_\_\_

How does this condition affect you?  
\_\_\_\_\_

b. \_\_\_\_\_

How does this condition affect you?  
\_\_\_\_\_

c. \_\_\_\_\_

How does this condition affect you?  
\_\_\_\_\_

d. \_\_\_\_\_

How does this condition affect you?  
\_\_\_\_\_

Do you have any reason to believe that you are pregnant? Yes No

**Medicines** (prescription and over-the-counter drugs, vitamins, herbs, etc. attach separate page if necessary)

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If applicable, please circle any of the following medications that you are currently taking

- |             |                |                |                    |                           |
|-------------|----------------|----------------|--------------------|---------------------------|
| Laxatives   | Pain Relievers | Antacids       | Thyroid Medication | Appetite Suppressants     |
| Antibiotics | Tranquilizers  | Sleeping Pills | Cortisone          | Blood Pressure Medication |

**Allergies:** please list any foods, drugs, or medications you are hypersensitive or allergic to (include the type of reactions)

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**Height** \_\_\_\_\_ **Weight** currently \_\_\_\_\_ Past Maximum Weight \_\_\_\_\_ When \_\_\_\_\_

**Blood Pressure** What is your most recent blood pressure reading \_\_\_\_\_ / \_\_\_\_\_ When was this reading taken \_\_\_\_\_

**Childhood Illness** (please circle any that you have had)

- Scarlet Fever    Diphtheria    Rheumatic Fever    Mumps    Measles    German Measles    Chicken Pox

**Immunizations** (please circle any that you have had)

- Polio    Tetanus    Measles/Mumps/Rubella    Pertussis    Diphtheria    Other \_\_\_\_\_

**Hospitalizations and Surgeries** (attach separate page if necessary)

<u>Reason</u>	<u>When</u>	<u>Reason</u>	<u>When</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**X-Rays/CAT Scans/MRI's/Special Studies** (attach separate page if necessary)

<u>Reason</u>	<u>When</u>	<u>Reason</u>	<u>When</u>
_____	_____	_____	_____
_____	_____	_____	_____

<b>Family History</b>	Mother	Father	Brothers	Sisters	Children
Age if living	_____	_____	_____	_____	_____
Health (G=good, P=poor)	_____	_____	_____	_____	_____
Age at death (if deceased)	_____	_____	_____	_____	_____
Cause of death (if deceased)	_____	_____	_____	_____	_____

If applicable, check any conditions that members of your family have had below

Cancer	_____	_____	_____	_____	_____
Diabetes	_____	_____	_____	_____	_____
Heart Disease	_____	_____	_____	_____	_____
High Blood Pressure	_____	_____	_____	_____	_____
Stroke	_____	_____	_____	_____	_____
Mental Illness	_____	_____	_____	_____	_____

**Emotional** (please circle any that you experience now and underline any that you have experienced in the past)

- Mood Swings                      Nervousness                      Mental Tension

**Energy and Immunity** (please circle any you experience now and underline any you have experienced in the past)

- Fatigue                      Slow Wound Healing                      Chronic Infections                      Chronic Fatigue Syndrome

**Head, Eye, Ear, Nose, and Throat** (circle any you experience now/underline any you have experienced in the past)

Impaired Vision	Eye Pain/Strain	Glaucoma	Glasses/Contacts	Tearing/Dryness
Impaired Hearing	Ear Ringing	Earaches	Headaches	Sinus Problems
Nose Bleeding	Frequent Sore Throats	Teeth Grinding	TMJ/Jaw Problems	Hay Fever

**Respiratory** (please circle any that you experience now and underline any that you have experienced in the past)

Pneumonia	Frequent Common colds	Difficulty Breathing	Emphysema
Persistent Cough	Pleurisy	Asthma	Tuberculosis
Shortness of Breath	Other Respiratory Problems: _____		

**Cardiovascular** (please circle any that you experience now and underline any that you have experienced in the past)

Heart Disease	Chest Pain	Swelling of Ankles	High Blood Pressure
Palpitations/Fluttering	Stroke	Heart Murmurs	Rheumatic Fever
			Varicose Veins

**Gastrointestinal** (please circle any that you experience now and underline any that you have experienced in the past)

Ulcers	Changes in Appetite	Nausea/Vomiting	Epigastric Pain	Passing Gas
Heartburn	Belching	Gall Bladder Disease	Liver Disease	Hepatitis B or C
Hemorrhoids	Abdominal Pain			
<b>Stool:</b>	Diarrhea	Constipation	Undigested Food	Mucous
				Blood In Stool

**Genito-Urinary Tract** (please circle any you experience now and underline any you have experienced in the past)

Kidney Disease	Painful Urination	Frequent Urinary Tract Infections	Frequent Urination
Venereal Disease	Kidney Stones	Impaired Urination	Frequent Urination at Night
Blood in Urine			

**Female Reproductive/Breasts** (circle any you experience now/underline any you have experienced in the past)

Irregular Cycles	Breast Lumps/Tenderness	Nipple Discharge	Heavy Flow
Bleeding Between Cycles	Vaginal Discharge	Clotting	Premenstrual Problems
Menopausal Symptoms	Difficulty Conceiving		

**Menstrual/Birthing History**

Age of First Menses _____	Birth Control _____	# of Abortions _____
# of Days of Menses _____	# of Pregnancies _____	# of Live Births _____
Length of Cycle _____	# of Miscarriages _____	

**Male Reproductive** (please circle any you experience now and underline any that you have experienced in the past)

Sexual Difficulties	Prostate Problems	Testicular Pain/Swelling	Penile Discharge
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**Musculoskeletal** (please circle any that you experience now and underline any that you have experienced in the past)

Neck/Shoulder Pain	Muscle Spasms/Cramps	Arm Pain	Upper Back Pain	Mid Back Pain
Low Back Pain	Leg Pain	Joint Pain (if so, where?) _____		

**Neurologic** (please circle any that you experience now and underline any that you have experienced in the past)

Vertigo/Dizziness	Paralysis	Numbness/Tingling	Loss of Balance	Seizures/Epilepsy
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**Endocrine** (please circle any that you experience now and underline any that you have experienced in the past)

Hypothyroid	Hypoglycemia	Hyperthyroid	Diabetes Mellitus	Night Sweats	Feeling Hot or Cold
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**Other** (please circle any that you experience now and underline any that you have experienced in the past)

Anemia	Cancer	Rashes	Eczema/Hives	Cold Hands/Feet
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Do you have any infectious diseases? Yes No

If yes please explain \_\_\_\_\_

Is there anything else we should know? \_\_\_\_\_

**Life Style**

**Please indicate typical food intake**

Breakfast \_\_\_\_\_ Lunch \_\_\_\_\_

Dinner \_\_\_\_\_ Snacks \_\_\_\_\_

**Consumption of Liquids** \_\_\_\_\_ **Television Habits** \_\_\_\_\_ **Reading Habits** \_\_\_\_\_

**Daily Exercise** \_\_\_\_\_

**Sleep Habits** \_\_\_\_\_

**Nicotine/Alcohol/Caffeine Use** \_\_\_\_\_

**Have you experienced any major traumas?** Yes No if yes please explain

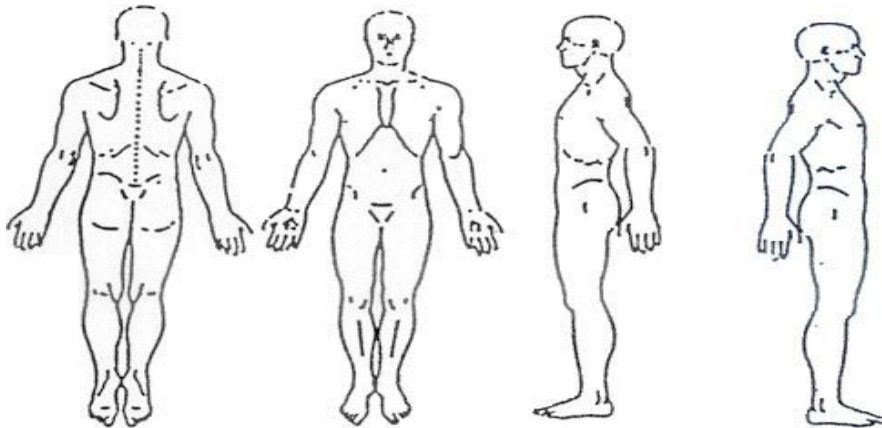
**Education** \_\_\_\_\_ **Occupation** \_\_\_\_\_ **Employer** \_\_\_\_\_ **Hr/Wk** \_\_\_\_\_

**Do you enjoy work?** Yes No Why/Why not? \_\_\_\_\_

**Have you had any unusual stresses recently?** Yes No if yes, please explain \_\_\_\_\_

**Interests, Hobbies, and Recreational Habits** \_\_\_\_\_

Please circle on the diagram any areas of any type of pain or injury.  
Please try to describe the type and quality of the pain \_\_\_\_\_



Are there any other problems you would like to discuss?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Patient/Guardian/Legal Representative Signature